

**Re-Shape & Polish** (fingernails only)      **£18**

### NAIL EXTENSIONS

#### CALGEL NAIL SYSTEM

- This gel nail treatment will enhance strengthen & protect the natural nail, fingers & toes.

**Full Set of Tips**      **£48**

**Clear gel**      **£22**

**French**      **£37**

**Colour calgel**      **£37**

**Nail Repair-Tip**      **£12**

**Nail Repair-Gel**      **£10**

### FEET

**Pedicure**      **£32**

- Includes a refreshing foot soak, cuticle work, nail shape, massage & nail paint.

**Deluxe Pedicure**      **£37**

- As above but with the additional benefit of heated boots for softer more nourished feet.

### WAXING

**Full Leg**      **£27**

**3/4 Leg**      **£22**

**1/2 Leg**      **£19**

**Bikini**      **£12**

**Brazilian**      **£30**

**Hollywood**      **£30**

**Lip or Chin**      **£7**

**Lip & Chin**      **£11**

**Under Arm**      **£11**

**Forearm**      **£13**

**Back**      **£20**

**Chest**      **£20**

### ELECTROLYSIS

- A permanent method of hair removal using sterile disposable needles.

**Minimum Charge**      **£15**

**10 Minutes**      **£20**

**30 Minutes**      **£35**

**One Hour**      **£52**

### THREAD VEIN, MOLE & SKIN TAG + MILIA REMOVAL

- A specialised treatment for the removal of skin imperfections. Prices from £90 upwards quoted on consultation.

### EYE TREATMENTS

**Eyebrow wax**      **£9**

**Eyebrow shape**      **£9**

**Eyelash Tint\***      **£12**

**Eyebrow Tint\***      **£7**

**Eyelash & Eyebrow Tint\***      **£16**

**Eyelash Perm & Tint\***      **£44**

**Hollywood Lashes** (eyelash extensions)      **£78**

(\*A patch test will always be required at least 24 hours prior to any tinting & eyelash perming)

### EAR PIERCING

For adults & children over 5 years using sterile studs.

**Pair**      **£15**

**Single**      **£10**

(Price includes aftercare lotion & advice sheet for home care)

- Please allow at least 24 hours notice of any cancellation otherwise a 50% charge will be incurred or course time deducted.

- Gift vouchers are available to purchase for that special occasion

Wedding packages & luxury days are available on request

The full range of Clarins skin care and make up products are also available for men & women



### OPENING TIMES

Monday	9.30-7.30
Tuesday	9.30-7.30
Wednesday	9.30-7.30
Thursday	9.30-7.30
Friday	9.30-7.30
Saturday	9.30-4.30

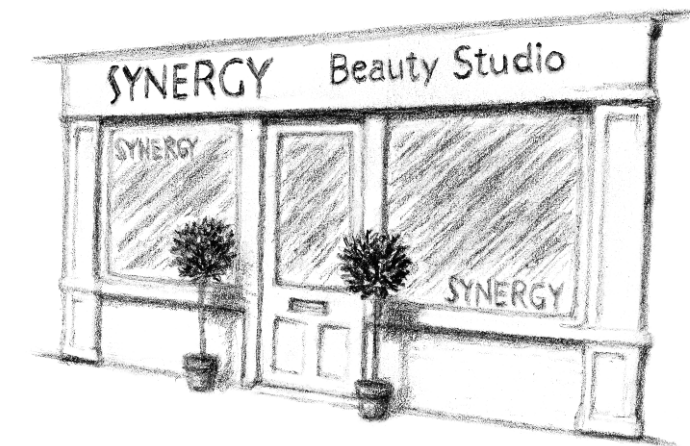
 **01949 831633**

[www.synergybeauty.co.uk](http://www.synergybeauty.co.uk)

# SYNERGY

## BEAUTY STUDIO

For men & women



**29 Long Acre  
Bingham  
Nottingham  
NG13 8AF**

**For appointments  
telephone  
01949 831633**

**Clarins Award Winning  
Gold Salon**

## CLARINS FACIAL TREATMENTS

**Tri Active Facials** £58  
Powered by CLARINSPRO formulas

Six new highly personalised results-driven facial treatments

**The Youth Activator** 1hr 20mins

Intensive replenishment reactivates the plump, peachy-smooth luminosity of youthful looking skin while contouring and detoxifying massage de-puffs to restore definition to features. The ultimate wake-up call for mature skin.

**The Lifting Line Smoother** 1hr 20mins

As skin is retextured and its youth-giving renewal process intensively energised, it instantly becomes smoother, firmer, even lifted and looks refreshed and rested. Just like a week away.

**The Radiance Reviver** 1hr 20mins

Dull, tired, stressed skin is intensively detoxified and recharged with a cocktail of antioxidants and super revitalising plant extracts which restore health and radiance. Think multi-vitamin for the skin.

**The Moisture Replenisher** 1hr 20mins

Intensively replenishes depleted moisture levels in dry, dehydrated skin which immediately restores softness, suppleness, comfort and radiance. An oasis in the desert that is parched skin.

**The Skin Healer** 1hr 20mins

Sensitive skin is immediately and intensively soothed, calmed and repaired to restore softness, suppleness, comfort and radiance. A cooling, healing hand.

**The Detox & Shine Stopper** 1hr 20mins

Intensively purifies skin, rebalances oil production, tightens and refines pores so oily, combination and even shiny complexions become clearer, smoother, softer and more matte. A fresh start with a shine-free finish.

**Aromatic Balancer Facial** £48

- A relaxing aromatherapy facial, that is individually tailored to suit your specific requirements. A sensory experience that leaves you ready to face the world with super soft, glowing skin, a beautiful treatment.

**Mens Skin Blitz Facial** £45

- Whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look refreshed, healthy and smooth.

## CLARINS BODY TREATMENTS

**Pro-Active Body Treatments** £55

- A remarkable body treatment; using a combination of oils & lotions with specific massage movements. The ultimate in body treatments.

**Redefining (figure shaping)**

**Renewing (firming, anti ageing)**

**Hydrating**

**Aromatic Body Balancer** £48

- Pure pleasure and a real must for out of condition skin. Aromatherapy massage helps absorb the custom-blended oils & creams, which deeply replenish as they firm, detoxify and relax the body.

## CLARINS EXFOLIATION TREATMENTS

**Gentle Skin Smoother** £45

- Brighter, super soft skin is the main benefit of this highly effective body treatment. Enriched with fruit enzymes, it also refines, refreshes & detoxifies.

**Aromatic Body Polisher** £40

- More than a body scrub, this is a total well-being treatment that incorporates aroma therapeutic oils to delight the senses & warm the body.

## NEW CLARINS SIGNATURE MASSAGES

**Chill Out Massage** £58

(Ladies only)

- Slow & relaxing massage movements melt tension in the body & mind, leaving you feeling calm and rebalanced.

**Wake Up Massage** £58

(Ladies only)

- More stimulating massage movements relieve aching muscles and leave you feeling fresh and clear headed.

## CLARINS TANNING

**So Natural Self Tanner** £44

- A full body exfoliation followed by a pampering massage, gives skin a gorgeous long lasting, glowing golden colour that looks as natural in Winter as it does in Summer.

## CLARINS MAKE UP

**Clarins make up application** £40

**Clarins make up lesson** (one to one) £50

**Clarins wedding make up** £60

(price includes a trial before that big day)

\*Wedding packages/ Holiday packages Book 4 or more treatments over £20 on the same day and get 10% off

## MASSAGES

**Hot Stone Therapy Massage**

- This unique treatment involves the use of heated stones and aromatic oils to massage tired aching muscles, plunging you into a deep sense of relaxation.

**Full Body** £58

(Ladies only)

**Back & Neck** £38

**Aromatherapy Massage** £55

(Ladies only)

- Includes face, body & scalp, helps to relieve stress, & calm the nervous system using personally blended essential oils and pressure point massage.

**Full Body Massage** £45

(Ladies only)

- A relaxing massage using the Swedish technique to ease tension, stress, and relax tired muscles.

**Back & Neck Massage** £28

- A great way to relieve those stresses & strains of everyday life.

**Indian Head Massage** £32

- This holistic treatment works over the back, neck & shoulders paying special attention to pressure points on the face & scalp. A great way to relax, unwind and relieve stress & tension.

## ADDITIONAL TREATMENTS

**Reflexology** £39

- Body systems are mapped out over the base of the feet. Reflexes are worked using stimulating pressure which helps relieve tension, balances the body & promotes a sense of well being.

**Hopi Ear Candles** £32

- Good for soothing earache & headaches, ear noise, stress & nervousness. Balances pressure in the ears, forehead & sinuses.

## FACE TREATMENTS

**Crystal Clear Microdermabrasion**

(Ladies & Gents)

- A gentle skin exfoliation, perfect for all skin types, excellent for congestion, open pores and acne scarring. leaves skin feeling smooth & fresh.

**Course of 10 Treatments** (each £43) £430

**Single Treatments** £48

**Single Treatment (inc mask)** £65

**Face Perfector**

(Ladies & Gents)

- A Non Surgical face lift, reduces lines, lifts facial muscles and includes a lymphatic drainage programme for brighter clearer skin.

**Course of 12 £38 each** £456

(usually recommended)

**Course of 6 £43 each** £258

**Single Treatment** £48

## TANNING

**St Tropez Tanning**

- Full body exfoliation followed by an application of St Tropez tan for a natural colour.

**Full Body** £44

**Part Body** £30

## HAND & FOOT TREATMENTS

**Hands**

**Manicure** £29

- Includes nail shape, cuticle work, massage & a nail paint. Using the Nailtiques & Orly range.

**Deluxe Manicure** £34

- As above but including the use of heated mitts, for beautiful soft hands.

**Paraffin Wax** £18

- A warm relaxing treatment for dry hands & feet. Nails are rejuvenated & conditioned. This treatment can also be incorporated into any manicure or pedicure.